

# Contents

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION
<b>U1</b>	<b>TRENDS</b>			
<b>1.1</b>	<b>Dress for success</b> (p2) Talk about style and fashion Give fashion advice	<b>nominal clauses</b>	clothes and fashion metaphors	linking and intrusive /r/
<b>1.2</b>	<b>Trendsetting</b> (p6) Compare different trends Make a podcast or vlog	<b>comparatives and superlatives</b>	experimenting with prefixes and suffixes	emphatic stress
<b>1.3</b>	<b>Café Hub Diet and lifestyle</b> (p10) Pitch your own business idea		<i>give it a go</i>	
	<b>UNIT REVIEW</b> (p12)	<b>WRITING</b> (p156) Write a blog post	<b>KEY SKILL</b> Making your blog post successful	
<b>U2</b>	<b>CREATIVITY</b>			
<b>2.1</b>	<b>The story behind it</b> (p14) Give a presentation about art Talk about creative projects	<b>narrative tenses</b>	describing art	contrastive stress
<b>2.2</b>	<b>Creative people</b> (p18) Talk about finding inspiration Describe a life-changing moment	<b>future in the past</b>	ideas and inspiration compound adjectives	questions for comment or criticism
<b>2.3</b>	<b>Café Hub Art and design</b> (p22) Discuss a work of art		<i>nowhere</i> phrases	
	<b>UNIT REVIEW</b> (p24)	<b>WRITING</b> (p157) Write a review	<b>KEY SKILL</b> Writing concisely	
<b>U3</b>	<b>PROGRESS</b>			
<b>3.1</b>	<b>Progressive design</b> (p26) Make predictions about the future Use persuasive language to sell something	<b>future structures</b>	sustainability forming verbs from adjectives	sounding persuasive
<b>3.2</b>	<b>Better ... or worse?</b> (p30) Discuss progress and society Evaluate costs and benefits	<b>negative inversion</b>	verb–noun collocations	stress-shift words
<b>3.3</b>	<b>Café Hub Sustainability</b> (p34) Discuss renewable energy		the ‘rule of three’	
	<b>UNIT REVIEW</b> (p36)	<b>WRITING</b> (p158) Write a persuasive email	<b>KEY SKILL</b> Persuasive techniques	
<b>U4</b>	<b>INTELLIGENCE</b>			
<b>4.1</b>	<b>Brain training</b> (p38) Discuss improving the brain Talk about future technology	<b>conditionals without if</b>	conceptual metaphors	adding information
<b>4.2</b>	<b>Thinking and thought</b> (p42) Talk about regrets Discuss intelligence	<b>wishes and regrets</b>	science and research thinking	adding information or changing the topic
<b>4.3</b>	<b>Café Hub Life-changing tech</b> (p46) Recount events		<i>straight out of</i>	
	<b>UNIT REVIEW</b> (p48)	<b>WRITING</b> (p159) Write a report	<b>KEY SKILL</b> Hedging	
<b>U5</b>	<b>GAMES</b>			
<b>5.1</b>	<b>21st century games</b> (p50) Discuss problem-solving tasks Discuss gaming and game design	<b>the passive</b>	competition and cooperation	expressing disbelief
<b>5.2</b>	<b>Serious gaming</b> (p54) Identify generalisations Discuss ideas for solving a challenge	<b>passive reporting structures</b>	reporting verbs motivation and manipulation	<i>-ate</i> words
<b>5.3</b>	<b>Café Hub Win or lose</b> (p58) Plan a fundraising event		ellipsis	
	<b>UNIT REVIEW</b> (p60)	<b>WRITING</b> (p160) Write a formal report	<b>KEY SKILL</b> Using depersonalisation	

READING • LISTENING	SPEAKING • WRITING
<p>read an article about how clothes affect the way you think listen to a conversation about how to look good for less <b>KEY SKILL</b> Listening for recommendations</p>	<p>discuss trends in clothes and fashion <b>SPEAKING HUB</b> roleplay a conversation about fashion</p>
<p>read a blog post about the lifecycle of a trend <b>KEY SKILL</b> Using contrasts to work out meaning listen to a podcast about how to be a trendsetter</p>	<p>compare trends from different time periods <b>SPEAKING HUB</b> plan and make a podcast or vlog</p>
<p>▶ watch a video about veganism ▶ watch someone pitching a business idea</p>	<p><b>KEY SKILL</b> Using circumlocution <b>SPEAKING HUB</b> plan and give a short pitch</p>
<p>listen to a radio programme about a famous painting <b>KEY SKILL</b> Anticipating content before listening read a newspaper article about how the Eden Project was made</p>	<p>give a short presentation about a work of art <b>SPEAKING HUB</b> tell a story about a project</p>
<p>listen to a conversation about how creative people get inspiration read an article about famous people who were discovered by accident <b>KEY SKILL</b> Inferring meaning</p>	<p>discuss suggestions for finding inspiration <b>SPEAKING HUB</b> tell a story about a life-changing moment</p>
<p>▶ watch a video about the London Design Festival ▶ watch people giving their interpretation of a work of art</p>	<p><b>KEY SKILL</b> Managing a discussion <b>SPEAKING HUB</b> discuss a painting</p>
<p>read a newspaper article about an architect's plans for a city in the future listen to a conversation about smart materials <b>KEY SKILL</b> Listening to identify persuasive techniques</p>	<p>discuss future developments and changes <b>SPEAKING HUB</b> persuade someone to buy a product</p>
<p>listen to a radio show about declinism read a magazine article about voluntourism <b>KEY SKILL</b> Reading to determine costs and benefits</p>	<p>discuss whether life is getting better or worse <b>SPEAKING HUB</b> discuss the costs and benefits of a project</p>
<p>▶ watch a video about seaweed farming in Bali ▶ watch people discussing alternative fuels</p>	<p><b>KEY SKILL</b> Maintaining a conversation <b>SPEAKING HUB</b> talk about the pros and cons of renewable energies</p>
<p>listen to a radio discussion about brain training <b>KEY SKILL</b> Identifying logical fallacies read an article about brain augmentation</p>	<p>compare products to boost intelligence <b>SPEAKING HUB</b> discuss responses to hypothetical situations</p>
<p>read two articles about embarrassment <b>KEY SKILL</b> Identifying different writing styles listen to part of a debate about the disadvantages of being highly intelligent</p>	<p>talk about a time when you did something you regret <b>SPEAKING HUB</b> have a debate about intelligence and education</p>
<p>▶ watch a video about Neil Harbisson ▶ watch someone tell an anecdote about a technology fair</p>	<p><b>KEY SKILL</b> Recounting events <b>SPEAKING HUB</b> tell an interesting and complex anecdote</p>
<p>listen to a conversation about escape rooms read a blog post about urban games <b>KEY SKILL</b> Understanding colloquial asides</p>	<p>suggest creative solutions to a problem <b>SPEAKING HUB</b> design an urban game</p>
<p>listen to a presentation about Game Theory <b>KEY SKILL</b> Distinguishing generalisations from preferred solutions read an article about the gamification of life</p>	<p>talk about generalisations, expectations and assumptions <b>SPEAKING HUB</b> use gamification and game theory to solve a problem</p>
<p>▶ watch a video about risk-taking in games ▶ watch people come up with strategies while playing a game</p>	<p><b>KEY SKILL</b> Building relationships <b>SPEAKING HUB</b> discuss and plan a fundraising event for a charity</p>

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION
<b>U6</b>	<b>DISCOVERIES</b>			
<b>6.1</b>	<b>Challenging journeys</b> (p62) Speculate and make deductions about the past Plan an amazing journey	<b>past modals of speculation and deduction</b>	journeys and adventures three-part phrasal verbs	showing your attitude
<b>6.2</b>	<b>Inquisitive minds</b> (p66) Discuss rewarding jobs Give a presentation about someone you admire	<b>-ing and infinitive forms</b>	binomial expressions	pauses and pitch in presentations
<b>6.3</b>	<b>Café Hub Word of knowledge</b> (p70) Plan and perform an interview		engaging listeners	
	<b>UNIT REVIEW</b> (p72)	<b>WRITING</b> (p161) Write an expository essay   <b>KEY SKILL</b> Structuring an expository essay		
<b>U7</b>	<b>EXTREMES</b>			
<b>7.1</b>	<b>Beyond the limits</b> (p74) Describe reactions to extreme experiences Describe extreme situations and achievements	<b>it clefting</b>	feelings	intonation in question tags
<b>7.2</b>	<b>Extreme jobs</b> (p78) Discuss extreme jobs Deal with difficult interview questions	<b>what clefting and all clefting</b>	polysemy intensifiers	<i>any and quite</i>
<b>7.3</b>	<b>Café Hub Push your limits</b> (p82) Tell a story about an exciting journey		fronting	
	<b>UNIT REVIEW</b> (p84)	<b>WRITING</b> (p162) Write a cover letter   <b>KEY SKILL</b> Using power verbs		
<b>U8</b>	<b>WELL-BEING</b>			
<b>8.1</b>	<b>Health and wellness</b> (p86) Discuss wellness treatments Talk about health and technology	<b>relative clauses with complex relative pronouns</b>	health problems	building suspense
<b>8.2</b>	<b>Sport and wellness</b> (p90) Talk about sports psychology Discuss nutrition and fitness	<b>pronouns and determiners</b>	idioms describing taste	pronunciation of idioms
<b>8.3</b>	<b>Café Hub Health hacks</b> (p94) Explain and give instructions about a process		reformulating	
	<b>UNIT REVIEW</b> (p96)	<b>WRITING</b> (p163) Write a summary   <b>KEY SKILL</b> Paraphrasing		
<b>U9</b>	<b>BEHAVIOUR</b>			
<b>9.1</b>	<b>Language and behaviour</b> (p98) Talk about group behaviour Discuss factors that affect behaviour	<b>noun phrases</b>	slang	pronouncing vague expressions
<b>9.2</b>	<b>Animal behaviour</b> (p102) Discuss animal behaviour Talk about behavioural experiments	<b>participle clauses and verbless clauses</b>	verb + object + infinitive gestures and body language	intrusive stops
<b>9.3</b>	<b>Café Hub Model behaviour</b> (p106) Give and justify your opinion on social engagement		<i>end up</i>	
	<b>UNIT REVIEW</b> (p108)	<b>WRITING</b> (p164) Write a conclusion to an academic report   <b>KEY SKILL</b> Linking in academic writing		
<b>U10</b>	<b>SOCIETY</b>			
<b>10.1</b>	<b>Urban problems</b> (p110) Discuss issues related to tourism Present solutions to urban problems	<b>discourse markers</b>	culture and heritage nouns with <i>to</i>	introducing new information
<b>10.2</b>	<b>How to change the world</b> (p114) Talk about political activism Discuss how to make a difference	<b>ellipsis and substitution</b>	word building	managing conversations
<b>10.3</b>	<b>Café Hub Changing cities</b> (p118) Debate for and against a motion		describing a scene in real-time	
	<b>UNIT REVIEW</b> (p120)	<b>WRITING</b> (p165) Write a persuasive essay   <b>KEY SKILL</b> Using counter-arguments and rebuttals		

READING • LISTENING	SPEAKING • WRITING
<p>read an article about a famous explorer  <b>KEY SKILL</b> Prediction strategies for reading  listen to a discussion about travel challenges</p>	<p>make speculations about historical mysteries  <b>SPEAKING HUB</b>  design and present an original travel challenge</p>
<p>read an article about investigative journalism  listen to a presentation about an inventor  <b>KEY SKILL</b> Taking notes while listening</p>	<p>compare different types of job  <b>SPEAKING HUB</b>  give a presentation about an inspirational person</p>
<p>▶ watch a video about nature and the universe  ▶ watch an interview with a scientist</p>	<p><b>KEY SKILL</b> Conducting an interview  <b>SPEAKING HUB</b>  roleplay an interview between Veronica Matos and a journalist</p>
<p>read an extract from a story  listen to a TV show about hysterical strength  <b>KEY SKILL</b> Identifying causation</p>	<p>describe your experiences of mental states  <b>SPEAKING HUB</b>  conduct a media interview about extreme abilities/achievements</p>
<p>read an article about working in extreme places  listen to a talk about extreme job interviews  <b>KEY SKILL</b> Understanding reference within texts</p>	<p>give advice to a job applicant  <b>SPEAKING HUB</b>  interview candidates for a job</p>
<p>▶ watch a video about extreme driving  ▶ watch a phone call between two people</p>	<p><b>KEY SKILL</b> Changing and recycling topics  <b>SPEAKING HUB</b>  perform a conversation about an exciting journey</p>
<p>read a newspaper article about new wellness treatments  <b>KEY SKILL</b> Identifying writers' opinions  listen to a conversation about technology and health</p>	<p>talk about the value of wellness treatments  <b>SPEAKING HUB</b>  design and pitch a health/wellness product</p>
<p>listen to a podcast about sports psychology  <b>KEY SKILL</b> Understanding speech with background noise  read an article about a gluten-free diet</p>	<p>discuss the benefits of sports psychology techniques  <b>SPEAKING HUB</b>  design a fitness plan for an athlete</p>
<p>▶ watch a video about food packaging  ▶ watch two people discuss a recipe</p>	<p><b>KEY SKILL</b> Repairing misunderstandings  <b>SPEAKING HUB</b>  explain a process you know well to your partner</p>
<p>listen to a conversation about a psychology experiment  <b>KEY SKILL</b> Understanding rapid colloquial speech  read a newspaper article about how language affects behaviour</p>	<p>discuss the problems of group behaviour  <b>SPEAKING HUB</b>  analyse and present evidence for or against an idea</p>
<p>read an article about understanding animal behaviour  <b>KEY SKILL</b> Identifying outcomes of scientific research  listen to a radio show about behavioural psychology</p>	<p>discuss experiences and opinions of animal intelligence  <b>SPEAKING HUB</b>  plan and carry out a behavioural experiment</p>
<p>▶ watch a video about group behaviour  ▶ watch people discuss sociological experiments</p>	<p><b>KEY SKILL</b> Backtracking and reformulating  <b>SPEAKING HUB</b>  present your opinion on social engagement</p>
<p>read three short articles about the problems caused by tourism  <b>KEY SKILL</b> Integrating information from different texts  listen to a radio report about building design</p>	<p>talk about the importance and problems of tourism  <b>SPEAKING HUB</b>  discuss how to solve problems in your city</p>
<p>read a newspaper article about political activism  listen to a conversation about finding a job after university  <b>KEY SKILL</b> Recognising shifts in register</p>	<p>discuss world problems and activism  <b>SPEAKING HUB</b>  persuade people to support a charity</p>
<p>▶ watch a video about cable cars in Mexico City  ▶ watch people argue about the benefits of urban development</p>	<p><b>KEY SKILL</b> Using vague language  <b>SPEAKING HUB</b>  debate whether vehicles should be banned from city centres</p>