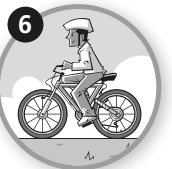


2 Sports scene



Lesson 1

1 Find, circle and write.



A	U	J	X	S	A	I	L	I	N	G	H
S	N	O	W	B	O	A	R	D	I	N	G
D	C	K	A	Y	A	K	I	N	G	V	C
B	O	U	Y	C	B	I	K	O	G	B	Y
A	R	P	B	E	R	Z	I	P	V	K	C
D	B	U	U	A	F	I	G	L	P	M	L
M	O	T	G	H	D	Z	C	Y	U	L	I
I	W	P	M	B	I	I	A	K	O	U	N
N	L	I	L	L	Y	S	V	D	E	D	G
T	I	D	W	Y	I	G	O	I	T	T	O
O	N	J	P	N	Z	J	S	Q	N	R	Y
N	G	C	S	U	R	F	I	N	G	G	F

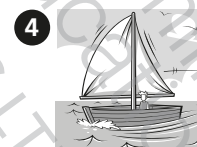
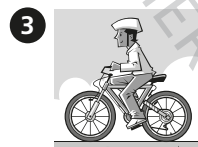
- 1 badminton
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____

2 Write questions. Answer *Yes, I do* or *No, I don't*.

- 1 Do you like football? _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

3 Write about the sports.

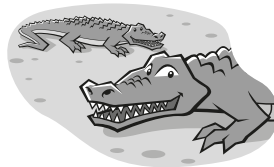
- 1 In cricket, you hit a ball with a bat. _____
- 2 _____
- 3 _____
- 4 _____



Lesson 2

4 Read and write *T* (true) or *F* (false). (See Student's Book page 15.)

- 1 You see cricket on the sports tour. T
- 2 You see crocodiles on the city tour. _____
- 3 You see waterfalls on the outback tour. _____
- 4 You see kangaroos on the rainforest tour. _____
- 5 You see rugby on the sports tour. _____
- 6 You see koalas on the rainforest tour. _____



5 Read and write. Invent your own city tour.

My city tour



On this tour, we visit the fantastic city of Madrid.

We visit the famous Prado Museum and walk in the beautiful Retiro Park.

We also visit Madrid Zoo. It's famous for its panda bears.

My city tour

On this tour, we visit (1) _____

We visit (2) _____

and walk (3) _____

We also visit (4) _____

It's famous for (5) _____

6  Listen and complete. Write.



1 I want to go on the sports tour to go surfing.

2 I want to go on the _____ tour to _____.



3 I want to go on the _____ tour to _____.

4 I want to go on the _____ tour to _____.



And you?

I _____



Lesson 3

- 7 Read the story and write the answers.
(See Student's Book page 16.)  Ask and say.

Picture 1: What have they got on their bikes? They've got everything.

Picture 2: What does Natalie do when they stop? _____

Picture 3: What are they eating? _____

Picture 4: Where are they staying? _____

Picture 5: What's Jack doing? _____

Picture 6: What stings Mum's ankle? _____

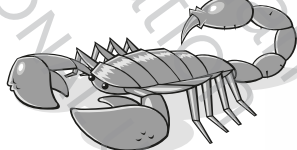
Picture 7: Who's saying 'well done' to Jack? _____

Picture 8: Where are they? _____

Picture 9: What's Jack still doing? _____


- 8 Read and write. (See Student's Book page 16.)

How to treat scorpion stings



sting cold poison
heart bandage soap

- Wash the (1) poison away with (2) _____.
- Put the sting in (3) _____ water.
- Make the person lie down with their (4) _____ above the (5) _____.
- Use a (6) _____ to stop the poison spreading.

- 9  Read and circle. Write a review of the story. Tell your family about the story.

- 1 The story is a travel story / a detective story.
- 2 The story is about a car journey across the USA / bike ride across Australia.
- 3 Natalie and her family go from Sydney to Adelaide / Adelaide to Sydney.
- 4 The distance is 1,400 kilometres / 1,600 kilometres.
- 5 The journey takes 20 days / 30 days.
- 6 They raise 10,000 dollars / 3,000 dollars for charity.

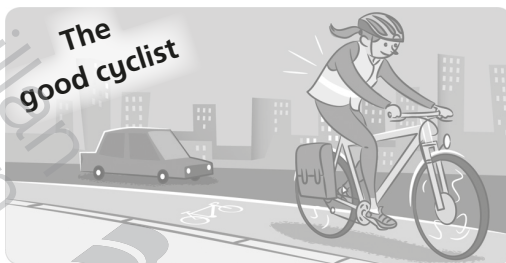
The story is a travel story about a _____.
Natalie and her family _____.
The distance _____ and the journey _____.
They raise _____ for charity.

I think Natalie and her family are _____.
My favourite part of the story is when _____.
I _____ this story. It's _____.



Lesson 4

10 Write sentences. (See Student's Book page 18.)



- 1 (wear) She's wearing a helmet.
- 2 (wear) _____
- 3 (cycle) _____
- 4 (listen) _____



- He isn't wearing a helmet.
- _____
- _____
- _____

11 Read and write. Be a grammar detective!



Present continuous tense

- We use the present continuous to talk about things that are happening now.
- We make the present continuous with the verb + *ing* e.g. *play* → *playing*.
- We take away the final e e.g. *cycle* → *cycling*, *write* → *writing*.
- We double the consonant after one vowel, one consonant e.g. *run* → *running*, *hop* → *hopping*.

- 1 read reading
- 2 fly _____
- 3 swim _____
- 4 sit _____
- 5 watch _____
- 6 use _____

- 7 hit _____
- 8 take _____
- 9 make _____
- 10 put _____
- 11 walk _____
- 12 come _____

12 Write true sentences about now.

- 1 (write) I'm writing.
- 2 (cycle) I'm not cycling.
- 3 (wear) _____
- 4 (run) _____
- 5 (play) _____
- 6 (listen) _____

Sound track
/aɪ/ /eɪ/



Which vowels do we pronounce /eɪ/ in the sentences? _____

14

-

-
- A black and white line drawing of a young boy playing cricket. He is wearing a cap, a short-sleeved shirt, and trousers. He is in a batting stance, holding a cricket bat with both hands, ready to hit a ball that is in the air. To his left are three stumps (a wicket). The background shows a simple horizon line with some clouds.

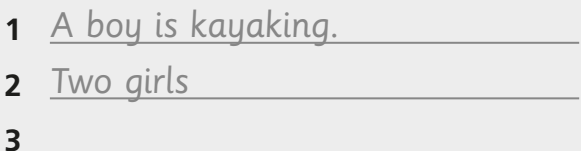
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-

-

-

15



Lesson 6

16 Read and match. (See Student's Book page 20.)



- | | |
|---|-----------------------|
| 1 You use a surfboard with a large sail. | a water polo |
| 2 You play this in a team and score goals. | b kitesurfing |
| 3 A motor boat pulls you through the water. | c white water rafting |
| 4 You discover the world under the sea. | d windsurfing |
| 5 You ride the waves on a surfboard with a kite. | e waterskiing |
| 6 You paddle in a raft on a river with six or eight other people. | f snorkelling |

17 Listen and match. Write.

The Tiger Tracks SLN members tell Steve about water sports they want to try.

POST ☒



Rosa



Sita



Lisa



Duncan



Joseph



I want to try _____.

Lesson 7

Everyday chit-chat

18 Read and complete the dialogue in your own words.  Act out.

You: Good (1) afternoon. I'd like to find out about (2) _____ coaching.

Man: Can (3) _____? Or are you a beginner?

You: (4) I _____.

Man: Well, we have (5) _____ once a week. It's after school every (6) _____ at _____.

You: That's perfect.





Lesson 8

19 Read and write the missing words. (See Student's Book page 22.)

heart breathe lungs muscles blood joints muscles

- 1 When you do exercise, you breathe fast.
- 2 Your _____ pumps _____ around your body.
- 3 The blood carries oxygen from your _____ to your _____.
- 4 Your _____ help your _____ to move.

20 Complete the table. Write sentences. (See Student's Book page 22.)

	Good for ...	Examples
Aerobic exercise	heart	swimming,
Strength training		
Flexibility training		


- 1 Aerobic exercise is good for your heart. Examples are swimming,
- 2 _____
- 3 _____

21  Listen and complete the table.

Steve is asking the Tiger Tracks SLN members about their favourite kind of exercise and sport they do to get it.



	Rosa	Sita	Lisa	Duncan	Joseph
Favourite kind of exercise	aerobic exercise				
Sport	football				

22  Write about you. Tell your family.

My favourite kind of exercise is _____
I _____ to get _____.

My opinion

Project: Do I get enough exercise?

2

- 23 Read Duncan's project and complete his exercise diary.
(See Student's Book page 23.)

Get ready for
your project

	Activities	Approximate time
Monday	walk to school and back home	1 hour
	play in break time	30 minutes
Tuesday		30 minutes
	play in break time	30 minutes
Wednesday	walk to school and back home	30 minutes
		30 minutes



- 24 Complete your exercise diary.

Prepare
your
project

	Activities	Approximate time
Monday		
Tuesday		
Wednesday		

- 25 Read your exercise diary and write a report.

Think!

- Use a new sentence to write about each day or place where you do exercise.

Remember!

- Use the present tense to write about what you do every day.
- Use the present continuous tense to say what you're doing in the photos.

Writing Tip!

- Use **on** for days of the week; use **at** for break time and the weekend.

Write
your
project
in your
notebook

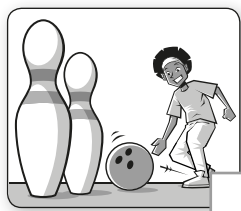
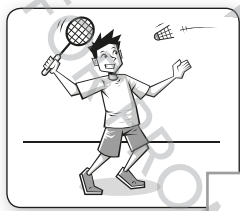
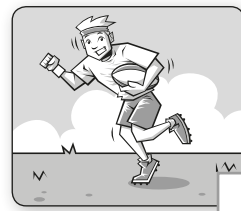
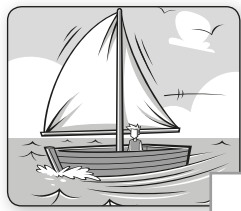
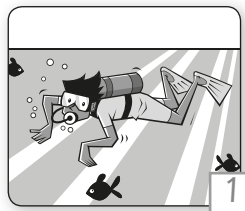
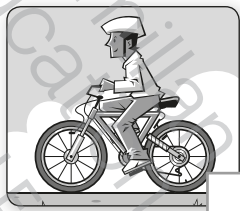
Every week, I get ...

Unit review and self-assessment

26

CD2
3

Listen and number. Write the names of the sports.



1 It's scuba diving

2 It's _____

3 It's _____

4 It's _____

5 It's _____

6 It's _____

7 It's _____

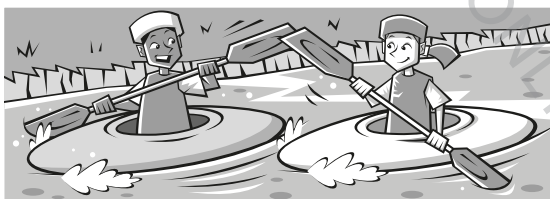
8 It's _____

9 It's _____

10 It's _____

27

Look and write sentences.



1 They're kayaking



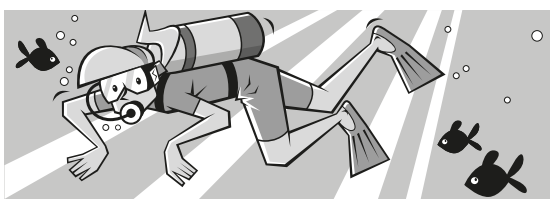
2 _____



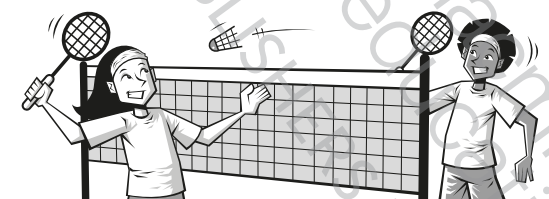
3 _____



4 _____

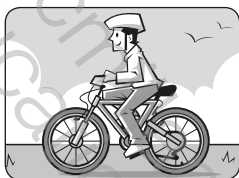


5 _____



6 _____

28 Look and write questions and answers



Sam



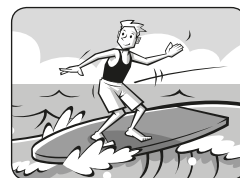
Emily



Becky



Chris



Henry

- 1 (Sam / bowling) Is Sam bowling? No, he isn't. He's cycling.
- 2 (Emily / football) _____
- 3 (Becky / sailing) _____
- 4 (Chris / badminton) _____
- 5 (Henry / cricket) _____

29 Read and write the answers. (See Student's Book page 20.)

- 1 What's the capital of Australia? _____
- 2 How many square kilometres is Australia? _____
- 3 Which two animals are the symbols of Australia? _____
- 4 What's the popular name for the Sydney Harbour Bridge? _____
- 5 How high is Uluru? _____
- 6 How many sheep are there in Australia? _____

30 Answer the questions. (See Student's Book page 22.)

- 1 What is one positive effect of regular exercise?
You build strong muscles.
- 2 What is aerobic exercise good for?

- 3 What is strength training good for?

- 4 What is flexibility training good for?

Assess your work in Unit 2.

Look and circle.



Complete your *Progress Journal* for Unit 2.